**Team player**

In an working environment all tasks will be finished as an team to achieve the success or complete an project for clients in an organization all the employees of the organization have to be work as a single team and need to adopt the environment .

Everyone in the team to be humble with other employee and understand them and good relationship between the employees is necessary to work as an team.

One team will have the employees with different abilities one will be

smart and other is humble and other one hunger to reach heights in his career and one person can be good team player only if he is good on all of these three abilities he needs to be humble, smart and hungry.

All the employees in the team needs to be good in all three abilities we cant win a game if only one player plays well in the team. Every player in the team have to work in a coordinated way to achieve the goal. And need to do his portion with efficiency .

**Intention**

Intention describes doing an act with knowing what we are doing and already planned when and how to do an particular act and doing an act aware of its consequences .

Intention is what we want to do and having an clear thought and knowledge about what we are going to do and how it works.

If we are doing an work we have do It with intention and have to set an goal for that work . Doing particular act with having an goal to achieve.

If our intention is to get placed in an organization we have to get in to work of planning how to get into it and analyze about that company requirement

And we are good at what skills and comparing it with the requirement and in what way we need to improve our skills in what field and how to present the skills we have

And doing an work already we have prepared to do .

**How to cooldown your brain**

Every human will get tired physically and mentally within some matter of time after losing their energy and will get stressed and cant able to focus on his work to regain his lost energy has to take rest physically and mentally

And to shift his focus from stressed to normal everyone have their own solution to get relieve.

One cannot do his work with full efficiency if he get stressed so he need to find an solution to get into his normal state of mind to do his work. By taking rest and shifting his focus on things he likes to do like meditation or playing his favourite game s and drinking a cup of tea and after getting in to normal state he can do his work with clear mind and full efficiency.

**GIT**

Git is an version control tool used to monitor our work and saves the work and it provides us an environment to work as an team everyone can save their work in single repository and access the works done by other team members .

We can access the older version of the code at anytime with access the file with using the name we committed that file.